


FEBRUARY

Tri-City Lunch

216-650-4029

Monday/ Lyndhurst	Tuesday/ Lyndhurst	Wednesday/ South Euclid	Thursday/ South Euclid	Friday/ Highland Heights
1 Chicken Pattie Diced Potatoes Red Peppers and Onions Wheat Bread Sliced Peaches	2 Chili Con Carne Wedge Potatoes Mixed Vegetables Ambrosia Salad Crackers Chewy Granola Bar	3 Chicken and Dumplings Beets Chopped Broccoli Wheat Bread Banana *Meal order deadline*	4 Roast Pork Mashed Potatoes Peas and Carrots Wheat Bread Sliced Pears	5 Veal Patty Spanish Rice Spinach with Lemon Juice Muffin Tropical Fruit Apple
8 Sloppy Joe with Bun Wedge Potatoes Peas and Pearl Onions Sliced Pears and Mandarin Graham Crackers	9 Sliced Turkey Cranberry Sauce Mashed Potatoes Broccoli Wheat Bread Fruit Cocktail BIRTHDAY CAKE	10 Stroganoff with Pasta Diced Beets Vegetable Medley Wheat Bread Sliced Pears *Meal order deadline*	11 Roast Beef Mashed Potatoes Green Beans Wheat Bread Applesauce	12 Omelet Cheese Perogies Peas with Shredded Carrots Wheat Bread Banana Lorna Doone
15 CLOSED FOR PRESIDENT'S DAY	16 Swiss Steak Sweet Potatoes Spinach with Lemon Juice Corn Muffin Sliced Peaches	17 Breaded Fish w/ Tartar Sauce Brown Rice Pilaf Asparagus Coleslaw Wheat Bread Apricots BIRTHDAY CAKE *Meal order deadline*	18 Meatballs with Gravy Buttered Noodles Mixed Vegetables Wheat Bread Orange Juice Banana	19 Cheese Ravioli w/ Tomato Sauce Green Beans Broccoli Wheat Bread Tropical Fruit
22 Breaded Chicken Filet w/ Bun Mayo Chuck Wagon Corn Baby Carrots Orange	23 CAFÉ LUNCH \$3 Chicken and Rice Casserole with Mushrooms Roasted Veggies Lemon Poppy Seed Cake	24 Sliced Turkey w/ Gravy Mashed Potatoes Pinto Beans Wheat Brad Pineapple Tidbits *Meal order deadline*	25 Bratwurst Corn Sweet Potatoes Mustard Tangerine	26 Breaded Fish Tartar Sauce Spinach with Lemon Juice Mixed Vegetables Rye Bread Sliced Peaches BIRTHDAY CAKE
				 <p>Birthdays Cake of the Month White Cake with Coconut Icing</p>

Reminder! Meal order deadlines are as follows:

Wed. Feb. 3 for the week beginning Feb. 8

Wed. Feb. 10 for the week beginning Feb 15

Mon. Feb 17 for the week beginning Feb. 22

Wed. Feb 24 for the week beginning Mar. 1

Call 216-650-4029 to make or change any reservations.